

# Oparowski Dyer King

By VERN PUTNEY

Staff Writer

Paul Oparowski, Bates College junior, repeated as Roland Dyer Memorial road race champion at the ten-kilometer distance at the bitterly-cold local Riverside Industrial Park course Saturday.

Ken Flanders of Portland, who set the ten-kilo mark of 30 minutes, 59 seconds in 1975, opted for the halved race distance. He held off surprise entrant Jim Doane, Northeastern University freshman.

The wind was the big winner. It was against the runners in the decisive backstretch.

THE BREEZE balked record efforts. It couldn't halt the flow of foot traffic, however.

An event high of 191 competitors braved the harsh elements, 41 more than last year's registration high. Unfortunately for race director Dennis Morrill, 137 made first contact with Morrill and his harried helpers just before race time.

Oparowski shook off Bowdoin College junior Bruce Freme in the last mile, as Flanders did Doane.

Flanders' time was 15:32. Former Cheverus High ace Leo Lachance last year lowered the 3.1 mile record to 15:27.

Flanders, former Deering High and Northeastern University distance ace, began training last November after an eight-months layoff. He's shed 20 pounds under an 80-85 mile weekly regimen.

Doane, a varsity stalwart at Northeastern, made a strong run at Flanders. He trailed by four seconds.

Bates freshman Mark Soderstrom was third, in 15:53.

Paul Hammond, Westbrook High junior, was a remarkable fourth in 16:21. He kicked hard for a one-second edge over former Mt. Desert Island ace Jon Howland. Bert Kimball was another second back, and seventh, in 16:45, was Maine Sunday Telegram feature writer Lloyd Ferriss.

Tony Esposito, a ninth grader at Portland's Lincoln Junior High, was the 15 and under age winner while finishing seventh in 16:52. Jim Harmon was next.

KIM WETTLAUFER of Bates was third in 32 minutes in the longer run.

Then came Orono veteran Fred Judkins, 32:10; University of Maine at Orono's Daryl Seekins, 32:50; Gardiner veteran Ralph Thomas, 33:02; Jim King, 33:37; Mike Westphal, 33:48; John Noyes, 33:49, and Dr. Robert Sholl, Scarborough, 33:51.

Noyes, a former Westbrook resident now living in Massachusetts, has made great progress the past year.

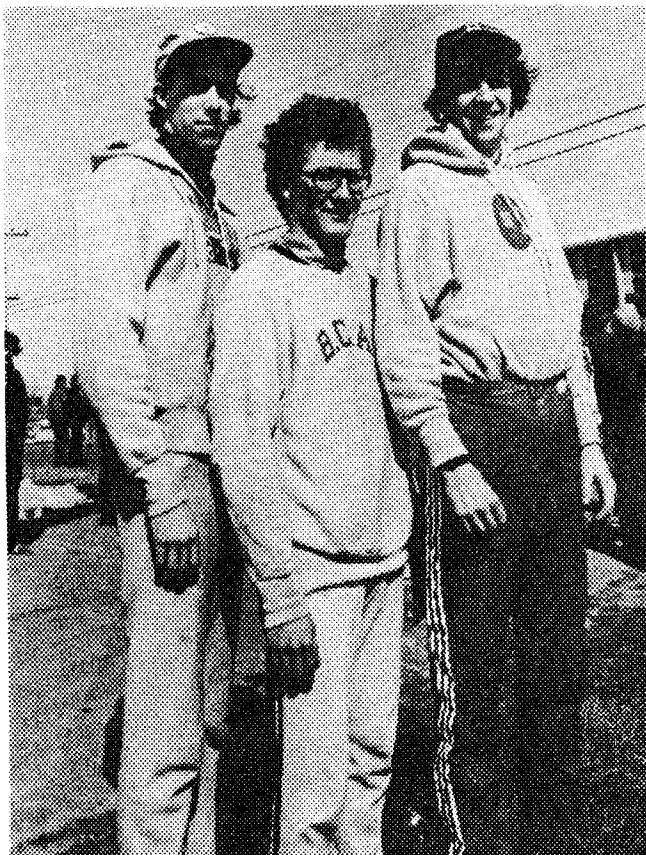
Esposito had a 13-second margin on age division runnerup Jerry Clapper, Bucksport.

James Goodberlet, Buckfield High and West Sumner, was third in 17:22, and Brian Pettengill, 13, Cumberland Center, fourth in 17:32.

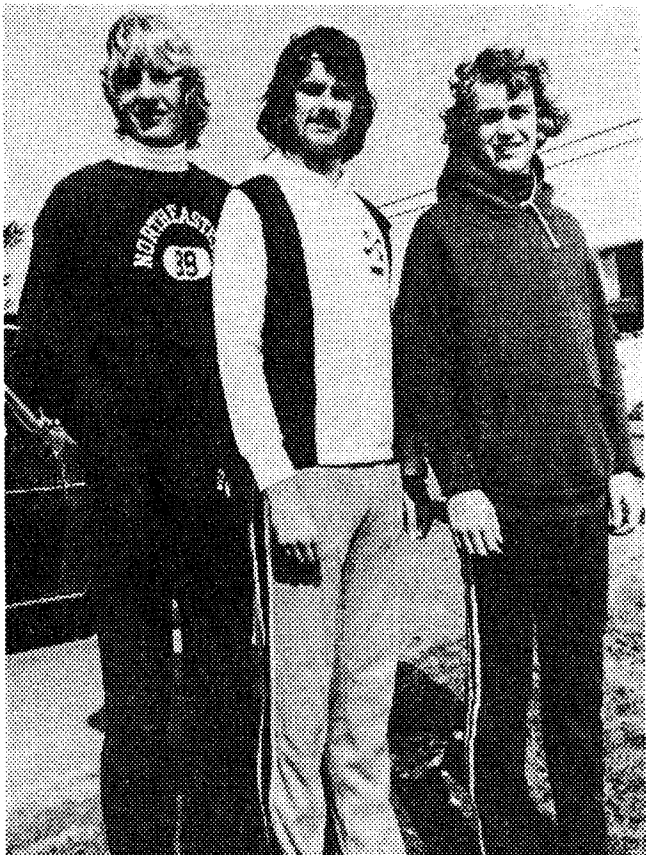
Exeter, N. H., dominated the tremendous young female field. Carol Aucoin won the shorter route in 21:58, one second less than fellow townspeople and Seacoast Strider teammate Terry Eustis. Both are 14.

Stacey Rowe, Exeter, was third in 22:42, Pam Montgomery, Bath, fourth in 23:16 and Colleen Green, Exeter, fifth in 23:18.

LORI STRATTON, Ellsworth, won the women's ten-kilo test in 40:46. Christine Belanger was second in 43:35.



**REPEAT CHAMP** — Paul Oparowski, right, a junior at Bates College, repeated as Roland Dyer Memorial 10,000 kilometer road race victor Saturday. Sophomore teammate Kim Wettlaufer, left, was third, Bowdoin College junior Bruce Freme second. (Staff Photo by John Patriquin)



**TOP THREE** — Ken Flanders, Portland, winner of the 5,000 kilometer Dyer road race, is flanked by runnerup Jim Doane, left, Falmouth, Northeastern University freshman, and Mark Soderstrom, Bowdoin College freshman. (Staff Photo by John Patriquin)