

Roland Dyer Memorial | 10K
March 26, 1977 | Portland



Oparowski Dyer King
By Vern Putney
(Maine Sunday Telegram)

Paul Oparowski, Bates College junior, repeated as Roland Dyer Memorial road race champion at the ten-kilometer distance at the bitterly-cold local Riverside Industrial Park course Saturday.

Ken Flanders of Portland, who set the ten-kilo mark of 30 minutes, 59 seconds in 1975, opted for the halved race distance. He held off surprise entrant Jim Doane, Northeastern University freshmen.

The wind was the big winner. It was the runners in the decisive backstretch.

THE BREEZE balked record efforts. It couldn't halt the flow of foot traffic, however.

An event high of 191 competitors braved the harsh elements. 41 more than last year's registration high. Unfortunately for race director Dennis Morrill, 137 made first contact with Morrill and his harried helpers just before race time.

Oparowski shook off Bowdoin College junior Bruce Freme in the last mile, as Flanders did Doane.

Flanders' time was 15:32. Former Cheverus High ace Leo Lachance last year lowered the 3.1 mile record to 15:27.

Flanders, former Deering High and Northeastern University distance ace began training last November after an eight-months layoff. He's shed 20 pounds under an 80-85 mile weekly regimen.

Doane, a varsity stalwart at Northwestern, made a strong run a Flanders. He trailed by four seconds.

Bates freshmen Mark Stoderstrom was third, in 15:53.

Paul Hammond, Westbrook High junior, was a remarkable fourth in 16:21. He kicked hard for a one-second edge over former Mt. Desert Island ace Jon Howland. Berc Kimball was another second back, and seventh, in 16:45, was Maine Sunday Telegram feature writer Lloyd Ferriss.

Tony Esposito, a ninth grader at Portland's Lincoln Junior High, was the 16:52. Jim Harrison was next.

KIM WETTLAUFER of Bates was third in 32 minutes in the longer run.

Then came Orono veteran, Fred Judkins, 32:10; University of Maine at Orono's Daryl Seekins, 32:50; Gardiner veteran Ralph Thomas, 33:02; Jim King, 33:37; Mike Westphal, 33:48; John Noyes, 33:49; and Dr. Robert Sholl, Scarborough, 33:51.

Noyes, a former Westbrook resident now living in Massachusetts, has made great progress the past year.

Esposito had a 13-second margin on age division runner-up Jerry Clapper, Bucksport.

James Goodberlet, Buckfield High and West Sumner, was third in 17:22, and Brian Pettengill, 13, Cumberland Center, fourth in 17:32.

Exeter, N.H., dominated the tremendous young female field. Carol Aucoin won the shorter route in 21:58, one second less than fellow townspeople and Seacoast Strider teammate Terry Eustis. Both are 14.

Stacy Rowe, Exeter, was third in 22:42, Pam Montgomery, Bath, fourth in 23:16 and Colleen Green, Exeter, fifth in 23:18.

LORI STRATTON, Ellsworth, won the women's ten-kilo in 40:46. Christine Belanger was second in 43:35.