

**Natural Lite 3-Mile Run
March 16, 1980 | Portland**



Led by Larry Greer, Maine Track Club runners swept the top 5 places. Greer hit the mile in 4:40 on the fast city course and won handily on a nice sunny day. All runners received a T-shirt and 40 trophies were given out by National Distributors Inc.

Results:

1. Larry Greer	15:07	29. Jim Bellino	21:57
2. Tom Briggs	15:18	30. Norman Lewis Sr.	22:11
3. Deane Gelanis	15:59	31. Ray Logan	22:14
4. Brian Flanders Jr.	16:18	32. Marty Norton	22:34
5. Sean Keough	16:18	33. Ed Sullivan	22:39
6. Jim Babb	17:16	34. Melinda Montejunas	22:50
7. Jeff Smith	17:21	35. Beth Brume	22:55
8. Harvey Rhode	17:24	36. Nancy Whitcomb	22:58
9. Paul Conley	17:28	37. Mike McGonagle	24:10
10. Gary Grady	17:46	38. Bob Zinchuk	24:12
11. Frank Brume	18:16	39. Sherry Flanders	24:14
12. John O'Malley	18:17	40. Cheryl Whitney	24:16
13. Robert Story	18:26	41. Gail Hutchinson	25:24
14. C J Carlsson	18:34	42. Joyce Cook	26:08
15. Norman Lewis Jr.	18:36	43. Lloyd Cook	27:09
16. Brian Flanders Sr.	18:38	44. Kim LaFlamme	28:09
17. Neil Usinger	18:55	45. Bev Steeves	28:11
18. Doug Moody	19:18	46. Cathy Genthner	29:08
19. Les Neski	19:20	47. Charlie Scribner	30:08
20. Paul Doughty	19:21	48. Sean McFaul	30:09
21. Peter Holloway	19:25	49. Dick McFaul	30:09
22. Doug Daggett	20:10	50. Pauline Gobeil	31:10
23. Roger Hills	20:11	51. Mary Sullivan	31:40
24. Dennis Aucoin	20:50	52. Marc Rainsford	32:10
25. Finn Kelly	20:58	53. Steve Rainsford	32:10
26. Sean Kelly	21:10	54. Cathi Belanger	42:23
27. Al Bulter	21:10	55. Ginny Doughty	42:24
28. Jean Connors	21:27		