

**1st Annual Crow Athletics
Cawfee Hour Run
April 30, 2006 | Northeast Harbor**



Race Report:

Caffeine and good company were flowing, all ran an evenly paced first lap with Matilda Allen (age 3) pacing the group. Peter Keeney, Misti Guerin, and Gary Allen then leaned into their work and enjoyed each other's company on a beautiful spring morning. Mary Ropp and Lisa Hall timed and counted laps with several spectators looking on. All agreed that this event has great potential as a fixture on the Maine racing circuit.

Misti Guerin of Bangor was the ladies champion, this was Misti's first race since Walter Hunt 3K on July 4th. She decided to run this event after recovering from a back injury, and also knew that Bill Pinkham was a member of our club. She was on the scene last July 4th as a runner and a medical professional in efforts to help.

Results:

1. Gary Allen | 28+ laps = 9.04 miles
2. Peter Keeney | 26+ laps = 8.59 miles
3. Mists Guerin | 24+ laps = 7.78 miles