



**4<sup>th</sup> Annual Great Cranberry Island  
50K Ultra Marathon  
July 17<sup>th</sup>, 2010**

*hosted by Crow Athletics*

*New course records and a record field on a day with record high temperatures – low 90's and 90% humidity.*

Pl.	Name	Age	Gen.	Town	ST	Lap 1**	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	50K
1	Chuck Engle	39	M	Columbus	OH	18:11	43:34	1:09:16	1:35:04	2:02:27	2:31:27	3:01:04	3:32:04*
2	Blaine Moore	30	M	Windham	ME	21:49	50:48	1:19:19	1:48:37	2:18:54	2:49:05	3:20:18	3:55:26
3	Amanda Labelle	26	F	Rockland	ME	24:15	55:35	1:28:38	1:55:55	2:27:54	2:58:29	3:30:09	4:00:44*
4	Adam Daniels	31	M	Stamford	CT	21:56	49:47	1:16:37	1:44:19	2:14:51	2:52:55	3:28:10	4:18:15
5	Brent Richardson	44	M	Chester	NH	24:15	56:09	1:29:24	2:03:42	2:36:43	3:09:46	3:49:09	4:29:36
6	Roger Marquis	47	M	Old Town	ME	24:15	55:50	1:29:43	2:03:44	2:40:14	3:15:54	3:58:31	4:32:09
7	Ned Swain	27	M	GCI	ME	30:21	1:06:24	1:42:02	2:17:29	2:55:06	3:33:19	4:11:07	4:44:44
8	Susan Larsen	50	F	Ogden	UT	28:48	1:07:10	1:44:44	2:22:11	2:58:47	3:36:31	4:13:19	4:50:40
9	Helen Bradler	50	F	Temple	NH	26:54	1:02:58	1:38:20	2:15:48	3:33:53	4:13:40	---	4:52:49
10	John Tallarico	50	M	Wilton	NH	26:52	1:02:58	1:38:20	2:15:53	3:33:47	4:13:41	---	4:52:49
11	Gregory Swords	39	M	Naples	FL	25:54	1:00:11	1:33:47	2:09:03	2:48:20	3:29:42	4:12:00	4:54:28
12	Ashley Gosnell	27	F	Medford	MA	27:25	1:02:28	1:38:15	2:13:51	2:49:15	3:31:31	4:16:30	5:01:21
13	Hogan Marquis	22	M	Old Town	ME	24:15	55:35	1:27:15	2:02:32	2:47:05	3:33:33	4:19:46	5:02:32

14	Allison Lasso	47	F	Sheffield	MA	27:01	1:02:28	1:38:20	2:15:55	2:56:20	3:37:26	4:21:52	5:06:28
15	Bekkie Wright	47	F	East Hartford	CT	29:09	1:07:10	1:44:30	2:24:57	3:04:49	3:45:18	4:28:56	5:10:48
16	Joseph Poliquin	57	M	East Hartford	CT	29:03	1:07:10	1:44:30	2:24:57	3:04:49	3:45:18	4:28:56	5:10:51
17	Jack Thornton	46	M	Baldwinville	MA	25:52	1:00:24	1:35:09	2:12:55	2:56:06	3:44:39	4:34:50	5:23:12
18	Theresa Withee	43	F	Camden	ME	27:47	1:07:20	1:44:57	2:26:52	3:11:17	3:59:13	4:42:38	5:27:20
19	Steven Laine	43	M	Kennesaw	GA	28:30	1:05:24	1:42:49	2:21:26	3:03:21	3:50:16	4:37:01	5:29:52
20	Dave Hayes	50	M	Wakefield	MA	33:08	1:14:02	1:56:59	2:42:45	3:30:09	4:20:18	5:07:11	5:53:50
21	Amy Russell	26	F	Portland	ME	30:24	1:11:12	1:53:50	2:39:55	3:30:17	4:22:52	5:14:19	6:08:00
22	Jake Holz	--	M	Portland	ME	30:24	1:11:08	1:53:50	2:39:56	3:30:15	4:22:48	5:14:11	6:08:59
23	Alaina Harris	--	F	Orono	ME	22:45	54:53	1:36:03	2:17:30	3:02:51	4:02:51	4:58:29	6:12:54
24	Cliff Rogers	51	M	Ellsworth	ME	32:46	1:17:35	2:03:06	2:48:43	3:37:41	4:27:34	5:19:25	6:17:42
25	Kevin Claire	42	M	Woburn	MA	30:43	1:08:47	1:52:43	2:43:06	3:33:53	4:31:15	5:27:15	6:21:23
26	Erin Moore	32	F	Windham	ME	---	---	---	---	---	---	---	6:23:58
27	Kevin Fincher	44	M	Gilbert	AZ	33:45	1:23:46	2:05:53	2:48:17	3:37:35	4:31:40	5:29:00	6:28:16
28	Jeanne Christie	52	F	Windham	ME	33:45	1:14:52	1:57:16	2:43:44	3:35:29	4:36:55	5:33:46	6:32:42
29	Jeanne Peckiconis	48	F	Kennebunk	ME	33:56	1:19:46	2:07:05	2:57:14	3:50:28	4:45:02	5:46:42	6:42:03
30	Seth Elsheimer	58	M	Winter Park	FL	34:32	1:19:29	2:11:20	3:02:57	3:59:23	4:55:00	5:50:18	6:45:27
31	Cynthia Lao	45	F	Lincolnville	ME	31:33	1:17:11	2:04:03	2:54:07	3:52:50	4:49:43	5:47:46	6:46:01
32	Larry Macon	65	M	San Antonio	TX	34:45	1:23:39	2:13:54	3:10:18	4:13:38	5:11:40	---	7:14:29
33	José Viveiros	49	M	Malden	MA	36:21	1:26:31	2:15:44	3:14:17	4:21:34	5:31:31	6:46:43	7:33:21
34	David Goodrich	53	M	Houlton	ME	36:49	1:28:08	2:25:02	3:29:43	4:34:43	5:38:30	6:41:14	7:35:19

\* Course Record

\*\* NOTE: Lap 1 is 5k. All other laps are 4 miles.